



The Top Ten Ways to Handle Bullying

1. Stay Cool and Calm.
- 2.. Tell an Adult about Bullying.
3. Be Clever.
4. Don't Respond with Violence.
5. Hang with a Group.
6. Stand up for Yourself.
7. Act Confident.
8. Just Walk Away.
9. Don't Keep Bullying a Secret.
10. Don't be a Bystander.